



## **About:**

Full Force Lacrosse is owned and operated by Claudia Ovchinnikoff. Our mission is to introduce/promote the sport of girl's lacrosse and to elevate the level of play within Central PA. Full Force Lacrosse primarily focuses on offering individual/small group and team training as well as camps and clinics for girls of all levels and abilities.

## **Claudia's Background:**

- Current Varsity Girls Lacrosse Coach at Lampeter-Strasburg High School
- Former Assistant Women's Lacrosse Coach at the University of North Carolina- Chapel Hill
- Former member of the United States Women's Elite Lacrosse Team
- 4-year starter at Temple University- Division I
- NCAA Division I Offensive Player of the Year
- 3-time 1<sup>st</sup> Team All-American
- Named one of 80 Lacrosse Legends by the Womens Professional Lacrosse League
- US Lacrosse Level 3 Certified Coach

## **Division I Women's Lacrosse Records**

- 11<sup>th</sup> Overall in total goals in a season
- 19<sup>th</sup> Overall in career goals per game

## **Temple University Records**

- Ranked #3 in career total points scored (266 points)
- Ranked #2 in career goals scored (227 goals)
- Ranked #3 in goals scored in one season (87 goals)
- Ranked #2 in ground balls (168)
- Ranked #3 in career draw controls (134)