## SPOOKY NOOK RAIDERS

Basketball Academy



#### ACADEMY MISSION

To be the leader in developing today's youth through basketball by providing programs and opportunities that will improve the athletes physically, emotionally and mentally in preparation for the next level.

#### BASKETBALL ACADEMY DIRECTORS

- Thomas Baughman, Director of Athletic Operations
  - <u>Thomasb@nooksports.com</u>
  - 717.618.8546
- Kevin Glover, Girls Technical Director
  - kevglov@gmail.com
- Kerry Glover, Boys Technical Director
  - yorkraiders@gmail.com
- David Wildrick, Sports Coordinator (fundraising)
  - davidw@nooksports.com
  - 717.618.8521

#### OVERVIEW OF TEAMS AND SEASON

- Showcase: Deposit \$275; 3 month payments \$160 each
  - Practice and Sports Performance Training 2 times/week (2 hours)
  - 7-8 tournaments (2-3 non-local)
- A Level: Deposit \$265; 2 monthly payments \$240 each
  - Practice 2 times/week and Sports Performance Training 1 time/week (1 hour)
  - 6 tournaments (1-2 non-local)
- Non Showcase: Deposit \$255; 2 monthly payments \$240 each
  - Practice 2 times/week and Sports Performance Training 1 time/week (30 mins)
  - 5 tournament (all local)

#### FUNDRAISERS/ACADEMY EMPLOYMENT

- David Wildrick is our fundraiser coordinator (<u>davidw@nooksports.com</u>)
  - Emails are sent out monthly to all academy players
  - Fundraisers are another way for players to help pay their tuition

- Academy Employment
  - Emily Kern handles our Academy Employment program
  - All paperwork goes through her (<u>emilyk@nooksports.com</u>)

#### WELCOME COACHES

#### Girls

- 10/11U- Adinlewa
- 12U- Myers
- 13U A- Glover
- 14U A- Chimienti
- 14U B- White
- 15U SC- Bennett
- 16U SC- Revenell
- 17U SC- Stoutzenberger
- 17U SC- Glover

#### Boys

- 10U A- Woodard
- 10U B- Neville
- 11U A- Orr
- 11U B- Kirby
- 11U C- Grant
- 12U A- Way
- 12U B- Einsig
- 13U A- Cooper
- 13U B- Bona

#### Boys

- 14U A- Glover
- 14U B- Venable
- 14UC- Hamel
- 15U SC- Glover
- 15U B- Washington
- 15U B- Miller
- 16U SC- Pinkard
- 16U B- Moore
- 17U SC- King
- 17U B- Wertz

#### PRACTICE/TRAINING

- 1 hour and 30 minutes for each practice
  - Practice is held twice per week
  - Practice time is important
  - It is the coaches discretion on playing time, everyone will play in every game
- Coaches will organize and plan practice base on 100% attendance
  - Please notify your coach of any foreseen misses
- Sport Performance Training is part of what we do in our academy
  - You must attend
    - Showcase Teams twice per week for 1 hour each
    - A Teams once per week for 1 hour
    - B/C Teams- once per week for 30 minutes

#### FITNESS/CLIMBING MEMBERSHIP

- NO initiation fee
- NO cancellation fee
- Monthly Rates:
  - Fitness
    - Youth- \$28
    - Adult- \$43
    - Family- \$84
  - Climbing
    - Youth-\$19
    - Adult- \$39
    - Family- \$79
  - Combo
    - Youth-\$35
    - Adult- \$72
    - Family- \$139



#### SPORTS PERFORMANCE TRAINING

- Director of Sports Performance: Experience in training of NBA, NCAA Bball players
  - Kyle S. McMinn M.S., SCCC, CSCS, ATC
- Teams will train with assigned, consistent Sports Performance Coaches
- Sports Performance sessions are designed to reduce the risk of injury and to enhance basketball performance from a basketball/physiological perspective
- Frequency/Duration: \*\*All sessions are large group settings\*\*
  - Showcase Teams
    - 1 hour; 2/week
  - A Teams
    - 1 hour; 1/week
  - B/C Teams
    - 30 minutes; 1/week
- For those interested in more individualized performance training
  - 20% off Sports Performance Training Packages for all Academy Athletes

### VIDEO/RECRUITING OPPORTUNITY

Risesports HD

• First State Preps Recruiting and Scouting

# CODE OF CONDUCT & CHARACTER

- Represent the Nook community with pride
- Be positive with teammates and offer encouragement
- Treat one another with mutual respect
- Promote and embrace the team concept
- Display good sportsmanship
- Be gracious in victory and defeat
- Respect officials, teammates, fans, coaches, and the opponent
- Honor and support the coach's decisions
- Work hard, hustle, and put forth 100% effort at all times during practices and games
- Make safety a top priority
- Seek to improve, be a learner, and have fun!

## CODE OF CONDUCT-INAPPROPRIATE CONDUCT

- Possession and/or use of alcohol, tobacco, or illegal drugs on the premises of Spooky Nook Sports or any off-property practice or tournament
- Attitude problems
- Crude, profane or vulgar language
- Behavior which would endanger the health, safety, or well being of any player, coach, parent, official, or any other attendee
- Unsportsmanlike conduct
- Verbal or physical threats of abuse
- Fights or scuffles
- Bullying
- Social Media post that portray any Nook teams or athletes in a negative light

# CODE OF CONDUCT-COMMUNICATION POLICY

- At Spooky Nook Sports we strive to have open communication with our athletes and their parents. AS the players are growing, not only as athletes, but as you adults, we want to encourage them to begin to advocate for themselves when they have questions. For this reason the following Communication Policy and Guidelines have been created to assist in the process:
  - Athlete first speaks to their coach after practice or tournament
  - If the matter is not resolved or the athlete has reasonable concern, the athlete's
    parent should contact the coach to set up a time to discuss the unresolved matter in a
    face to face meeting.
  - If the matter is still unresolved, the athlete's parent may request time to speak with the Academy Director(s) and the coach together. The meeting should be scheduled in advance with the player in the attendance.

### CODE OF CONDUCT-PARENT-COACH RELATIONSHIP

- Communication coaches expect from athletes and parents:
  - Concerns expressed directly to the coach
  - Notification of any schedule conflicts in advance
  - Notification of illness or injury as soon as possible
- Appropriate concerns to discuss with coaches:
  - The treatment of your child
  - Ways to help your child improve
  - Concerns about your child's behavior
- Issues not to be discussed with coaches:
  - Playing time
  - Team Strategy
  - Coach's philosophy
  - Other athletes on the team

If a situation occurs where a parent feels that the integrity of the program is at risk, please contact the Academy Director immediately.

#### PARENT EXPECTATIONS

- Make every payment on time
  - If your deposit is not paid, your child will not be permitted to play
    - Your child will not receive their uniform until your deposit is paid
  - If your payment plan is not set, your child is not permitted to play
  - If your miss a payment, your child will be suspended until balance is paid
- Have you child to their scheduled practice night 15 minutes early
  - If you are planning to stay, please use the Champ Blvd entrance to park
  - If you are dropping off, please drop of in Lot 6 by the dome (enter from Champ)
- Game Time
  - Do not be the loudest person in the gym
  - Your coach has permission to have you removed from any game at any time
  - Failure to comply will have your child removed from the program (no refund)
- Allow your young athletes to speak with their coaches about development
  - If you feel as though you need to speak with the Coach, wait 24 hours

### UNIFORM MOCK UPS

#### SHOWCASE SPECIFIC

- Tournaments
  - There are specific tournaments (either UA or Adi sponsored)
- Travel
  - There is some significant travel and commitment involved
- Game Apparel
  - All players must wear the gear from head to toe
    - UA for the Girls (shooting sleeves, knee pads- non branded)
    - Adidas for the Boys