



About:

Full Force Lacrosse is owned and operated by Claudia Ovchinnikoff. Our mission is to introduce/promote the sport of girl's lacrosse and to elevate the level of play within Central PA. Full Force Lacrosse primarily focuses on offering individual/small group and team training as well as camps and clinics for girls of all levels and abilities.

Claudia's Background:

- Current Director of Phantastix West Girls Lacrosse Club Team
- Current Varsity Girls Lacrosse Coach at Lampeter-Strasburg High School
- Former Assistant Women's Lacrosse Coach at the University of North Carolina- Chapel Hill
- Former member of the United States Women's Elite Lacrosse Team
- 4-year starter at Temple University- Division I
- NCAA Division I Offensive Player of the Year
- 3-time 1st Team All-American
- Member of the 2018 Temple University Athletics Hall of Fame
- Named one of 80 Lacrosse Legends by the Womens Professional Lacrosse League
- US Lacrosse Level 3 Certified Coach

Division I Women's Lacrosse Records

- 11th Overall in total goals in a season
- 19th Overall in career goals per game

Temple University Records

- Ranked #3 in career total points scored (266 points)
- Ranked #2 in career goals scored (227 goals)
- Ranked #3 in goals scored in one season (87 goals)
- Ranked #2 in ground balls (168)
- Ranked #3 in career draw controls (134)