

Summer Camps

2023

SPOOKY
NODOK
SPORTS™
— CHAMPION MILL —



Recreational Camps,
Sports Camps,
Outdoor Camps,
and more!

Welcome

Hello Nook Camp Families,

We are excited for our first summer camp season to begin! Our team is already busy planning creative, fresh, flexible programming that is sure to motivate your kids to play, train, and compete with us.

We have one-of-a-kind offerings for kids beginning as young as 4 years old, all the way through teen years. Whether its learning fundamentals as a beginner athlete, trying a new activity, or taking your skills to the next level in one of our advanced camps, we have something that will fit your child's interests and abilities!

Take a few moments to review our options in this guide and feel free to reach out with any questions!

We look forward to seeing all your happy campers soon!

Sincerely,
The Spooky Nook Champion Mill Team
summercamps@nooksportsorio.com





ALL IN ONE PLACE





spookynooksports.com/hamilton

CHAMPION MILL
CONFERENCE CENTER

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 Look for the mouse symbol to learn more online.

All of Spooky Nook Champion Mill's programs are located in an online calendar at www.spookynooksports.com/hamilton. Use the web address in each section to help you find the location of the camp information online.

Important Info



Cancellation/Refund Policy

We understand that things come up and you may need to cancel your registration. If you cancel 2 weeks prior to the start of the camp session, then you will receive a full refund or credit to your in-house account. A cancellation within 1 week of the start of camp can result in a full credit to your account OR a 50% refund. Any cancellations less than a week before the start of camp will receive a 50% credit to your family account. Any refunds/credit approved does not include the non-refundable \$50 deposit.

Medical Reason for Cancellation

We understand that medical issues may arise before your child can attend camp. We ask that you submit a doctor's note to receive a full credit on account for the registration if your child can no longer participate. If your child becomes ill or sustains an injury during the camp week, we will credit you for the remainder of camp with a valid doctor's note.

Camp Deposit Policy

The \$50 deposit for all camp weeks is non-refundable and non-transferable. Any approved refunds for canceled weeks will not include the deposit. Any transferred camp weeks is still considered a cancellation. Registration for a new week of camp will require a paid deposit.



Additional Options



Combo Camps

Combo Camp is an add-on option that can be paired with a morning sports camp. Campers can be dropped off with Kids Camp in the mornings any time between 7am-8:45am. Kids Camp staff escort all combo campers to their respective camps by 9am. Combo campers would attend their half day sport camp in the mornings from 9am-12pm, then spend the afternoon with kids camp from 12pm-4pm. Pick up is any time between 4-6pm.

Ages: 5.5-12

Fee: \$150 per week

Before/After Care

Before/after care includes early drop off between 7-9am that is chaperoned by our Nook Kid's Camp staff. Extended pickup time is from 4-6pm. Before and After Care must be paired with a full day sports camp running 9am-4pm.

Fee: \$50 per week



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513-273-8300 | warehousehotel.com/hamilton



RECREATIONAL

 www.spookynooksports.com/hamilton/youth-activities/summer-camps



Nook Kids Camp

Nook Kids Camp is an exciting recreational summer camp geared towards kids who are 5.5 (completed Kindergarten) -Age 12. This camp runs 9 weeks out of the summer from 9am-4pm, with extended care options from 7am-9am and from 4pm-6pm. Each week's activities are designed around a different theme. During each week, kids will get sport instruction, themed arts & crafts, science experiments, engaging games, and group activities. *Families will need to pack lunch & snacks each day. A camp shirt will be included. See you this summer!

Dates: June 5 - August 4

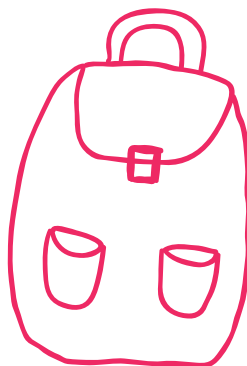
Time: 7:00am - 6:00pm

Extended care options 7:00am-9:00am | 4:00pm-6:00pm

Cost: \$225/week

Special Payment Option

You can pay a \$50 deposit for your kid's camp registration! If you register more than two weeks in advance, you can make a non-refundable deposit for each camp week rather than pay in full at the time of registration. This opportunity is only available through our online registration site. After the camp week is added to your shopping cart, the "Use Payment Plan" checkbox will be selected for you to utilize this payment option. When you are ready to check out, the deposit for each week will be charged to your account and the remaining balance will be charged to the same account two weeks prior to each camp week. The deposit will be applied to the total cost of camp. (For example: The remaining payment for the week of June 5th camp will be automatically deducted via credit card Monday, May 22.)



A Typical Day at Nook Kids Camp		
Time	Location	Activity
7:00 - 9:00	Sport Court	Extended AM Care/Play
9:00 - 9:15	Sport Court	Welcome Activity
9:15 - 9:30	Bleachers	Morning Meeting
9:30 - 10:15	Turf	Sport
10:15 - 10:30	Bleachers	Snack & Break
10:30 - 11:00	Program Room	Arts & Crafts
11:00 - 12:00	Turf	Game & Break
12:00 - 12:30	Lunch Area	Lunch
12:30 - 1:00	Sport Court	Camper Connection
1:00 - 2:00	Sport Court	Group Games
2:00 - 3:00	Outdoor Time	Run, Jump, Play!
3:00 - 3:30	Outdoor Time	Snack & Break
3:30 - 4:00	Bleachers	Camper Catch-up
4:00 - 6:00	Sport Court	Extended PM Care/Play

Weekly Themes

June 5-9: Cool To Be Kind

June 12-16: Outer Space

June 19-23: Pirates at The Nook

June 26-June 30: Take Me To Disney

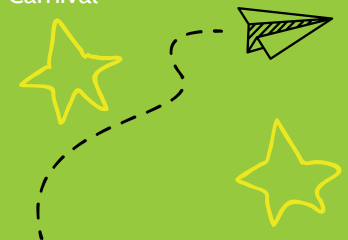
July 3-7: No Camp July 4th - Party in the USA

July 10-14: Shark Week

July 17-21: Lego Land

July 24-28: Nook's Got Talent

July 31-August 4: Camp Carnival



Experience all The Nook has to offer!

Experience Camp

Experience Camp is the perfect full day camp for your child to explore all The Nook has to offer! This camp is ideal for campers ages 7-12 years old and have an interest in multiple sports. Mornings and afternoons will focus on specific sports and skill instruction. Sports include basketball, lacrosse, baseball/softball, volleyball, flag football, and more! A tee shirt is included! See you this summer!

*Families will need to pack lunch & snacks

Dates: July 31-August 4

Time: 9:00am - 4:00pm

Ages: 7-12

Fee: \$200 per week



Jump Start Preschool Sports Camp

Geared towards kids ages 4-6, this camp will introduce your child to a variety of sports including soccer, basketball, lacrosse, baseball/softball, volleyball, flag football, and more! Games and activities will teach kids the basic rules and skills involved in a variety of sports, while encouraging teamwork, sportsmanship, and fun! Each day will focus on different sports and games. A daily snack and tee shirt are included in the registration fee.

Dates: June 12-16, July 10-14

Time: 9:00am-12:00pm

Ages: 4-6

Fee: \$150 per week

Future Leaders Camp

Future Leaders Camp is the perfect opportunity for teens to gain responsibility in a fun atmosphere. Portions of each day will be spent with Nook Kids Camp, assisting counselors with running kids camp. Future Leaders will learn the challenges and responsibilities of being a camp counselor. The remaining time will be spent utilizing free time, group games, and court and turf time. A tee shirt is included. See you this summer!

*Families will need to pack lunch & snacks

Dates: June 12-16, June 19-23, June 26-30, July 3-7, July 10-14, July 17-21, July 24-28, July 31-August 4

Ages: 12-17

Time: 9:00am - 4:00pm

Fee: \$150 per week

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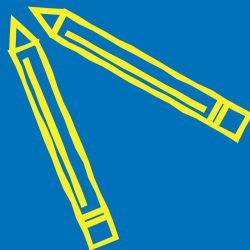
register today!



Follow the Steps

① Visit Our Website
and head to the calendar page.

② Find Your Camp
and click **REGISTER NOW**. You will be redirected to our registration website called ACTIVE Network.



③ Click "Enroll Now" and sign in to your account.

- **Existing customers** that have already accessed their ACTIVE Net account can sign in regularly.
- **Existing customers** that have not already accessed their new account will choose "Forgot Password" and follow the instructions.
- **NEW customers** will click "Join" to create their new account.

④ Continue to Enrollment!

FEATURED This year _____


You will be able to add multiple weeks of the same camp to your shopping cart. Just select all the weeks you wish to sign up for and click "Add To Cart"!



Let the fun begin!



BASKETBALL

 www.spookynooksports.com/hamilton-basketball-camps-2023

Basketball Shooting Camp

The Spooky Nook Basketball Shooting Camps are for players looking to develop or perfect their shot through instruction, repetition, and practice. Players will be taught proper mechanics from shot readiness to shooting release/follow through and everything in between.

Dates: June 5-9, June 19-22, July 17-20, July 31-August 4

Time: 1:00pm - 3:00pm

Ages: 8-15

Fee: \$100 per week

Basketball Skill Session



The Nook Basketball Skill Sessions offer an environment for players to improve their overall skills (shooting, passing, ball handling, and defense). Camp will feature skill specific drills taught by successful high school and college basketball coaches. Camp is intended for beginners through intermediate skill level.

Dates: June 12-16, June 26-30, July 11-14, July 25-28

Time: 9:00am - 12:00pm

Ages: 8-15

Fee: \$150 per week

Basketball All Star Camp

Join Spooky Nook Basketball for our (4) Day All Star Full Day Camp. The camp is designed for players looking to improve their overall skills. Camp will feature skill specific drills taught by local college and high school coaches. Campers will participate in 2v2, 3v3, and 5v5 games daily. This camp is designed for players with 2+ years of playing experience.

Dates: June 26-30, July 25-29

Time: 9:00am - 3:00pm

Ages: 8-15

Fee: \$225 per week



COMPETE *Here*




JOIN ONE OF OUR ADULT REC LEAGUES



Need Additional Information?

Use your camera to scan the QR code or visit spookynooksports.com/hamilton

 513.273.8200

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FIELD HOCKEY

 www.spookynooksports.com/hamilton-field-hockey-camps-2023



Field Hockey Camp



Field hockey camp for athletes entering kindergarten through 7th grade in the fall.

Dates: June 5-9, July 3-7, July 24-28

Time: 9:00am - 12:00pm

Ages: 5.5-12

Fee: \$185 per week



FOOTBALL

 www.spookynooksports.com/hamilton-football-camps-2023

Passing Camp



Campers will learn the fundamentals and rules of the game. Campers will be taught the proper techniques from passing and blocking to running plays and more. This camp will combine fun and learning in an active environment on the outdoor turf field at Spooky Nook Champion Mill.

Dates: June 19-23

Time: 9:00am - 12:00pm

Ages: 10-16

Fee: \$100 per week





SOCCER

www.spookynooksports.com/hamilton-soccer-camps-2023

Full Day Advantage Soccer Camp

This camp is for athletes of all skill levels to improve their game in a fun and energetic setting. Campers will be grouped with players of similar age & playing ability. A full day camp option is available for 8-14 year old athletes only. Athletes will learn technical skills including dribbling, passing, receiving, moves & shooting and will also work on the principles of attacking, defending & goalkeeping.

Dates: June 19-23

Time: 9:00am - 4:00pm

Ages: 8-14

Fee: \$300 per week

Half Day Advantage Soccer Camp

This half day camp option is available for 5-8 and 8-14 year olds (9am-12pm). Athletes will learn technical skills including dribbling, passing, receiving, moves & shooting and will also work on the principles of attacking, defending & goalkeeping.

Dates: June 19-23

Time: 9:00am - 12:00pm

Ages: 5.5-14

Fee: \$175 per week

Pre-Season Prep Soccer Camp

This camp will focus on developing technical ability and game awareness in intense sessions that will be designed to prepare all players for their upcoming preseason, whether it be for club or high school ball. Each grouping will have their specific set of exercises, game-like situations, and small-sided games best suited for their level. This is the perfect camp to finish out the summer and arrive for preseason in peak form.

Dates: July 17-20

Time: 9:00am - 12:00pm

Ages: 8-15

Fee: \$175 per week



Strikers and Goalkeepers Soccer Camp



Strikers will work on all aspects of scoring goals. First half hour each day, the warm up will be solely technical for skills sharpening: from the proper technique of striking a soccer ball with different surfaces, to timing runs in the box, volleys, headers, and the anticipation of second chances. Repetition with and without pressure will be the philosophy. This type of training environment will help improve each player's confidence in front of the goal, which is an important psychological factor to mold the efficient goal scorer. Each day will end with game situations with goalkeepers in goal. Goalkeepers will work many aspects of their position including both the physical (fast footwork, agility, strength), as well as proper techniques (catching, punching, angle play and decision making). Pressure and game like situations to conclude each day.

Dates: June 12-15

Time: 9:00am-12:00pm

Ages: 10-19

Fee: \$125 per week





SPORTS PERFORMANCE

 www.spookynooksports.com/hamilton-fitness-camps-2023



Youth Sports Performance Camp

Youth Sports Performance Camp is designed to help athletes improve their movement skills on the field and in the weight room. Camp will include performance testing, agility circuits, competitions and sport play.

Dates: June 5-9, June 12-16, June 19-23, June 26-30, July 10-14, July 17-21, July 24-28, July 31-August 4, August 7-11, August 14-18

Time: 9:00am - 12:00pm

Ages: 8-13

Fee: \$149 per week

Sports Performance Combo Training

Nook Sports Performance Combo Training is a summer combo package that allows athletes to receive 90-minute training sessions Monday - Friday from 12:30pm-2pm. The 90-minute training sessions are designed to work on athletic performance through performance programming, field movement techniques, plyometric & exercise prescription techniques, and speed & agility training. This combo package will give each athlete the ability to experience elite training after their morning summer camp and help develop a solid foundation in sport performance training.

Dates: June 5-9, June 12-16, June 19-23, June 26-30, July 10-14, July 17-21, July 24-28, July 31-August 4, August 7-11, August 14-18

Time: 12:30pm - 2:00pm

Ages: 11-24

Fee: \$50 per week



P3 Speed & Conditioning

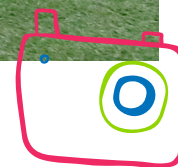
The Physical Performance Preparatory Camp (P3) is designed to prepare any athlete for their upcoming season through 6-Weeks of Speed & Conditioning training. Athletes will receive pre & post performance testing to show their growth throughout the summer. P3: Speed & Conditioning will set up any athlete to have the edge and self-confidence to take on their competition.

Dates: Jun 12-July 20

Time: 5:00pm - 6:00pm

Ages: 8+

Fee: \$199



Volleyball All Skills Camp

The goal of this two-day camp is to help volleyball athletes to improve their overall game on all fronts - from the feet to the hands to the mental aspects of being a better player. Campers get a comprehensive breakdown on the skills needed to improve their overall game. Athletes are grouped according to age, ability, experience, and competitive spirit.

Dates: July 17-18

Time: 9:00am - 12:00pm

Ages: 10-18

Fee: \$125

Volleyball Attacking & Passing Camp

Camp emphasizing attacking and passing techniques for the female athlete. This is an excellent camp for young players to develop overall attacking fundamentals or for the older outside attacker who plays the left or right-side position. This camp is for females only.

Date: July 18

Time: 6:00pm - 9:00pm

Ages: 12-18

Fee: \$75

Volleyball Nook Defense Camp

This camp is solely designed for skill development at the libero and defensive specialist positions, however, it is open to ANYONE who is looking to become a better defender. This half-day intense camp, will focus primarily on defense with some serving. Campers will be divided by skill and placed into groups where they will improve and be challenged. This camp is coed.

Dates: June 10-11

Time: 9:00am - 12:00pm

Ages: 12-18

Fee: \$120

Volleyball First Contact Camp 1 & 2

Designed to develop and improve first contact skills (passing, digging, serving). An extensive amount of time will be spent on both technical training, repetitive work, and competitive play. Courts will be split up by age and skill level. This camp is coed.

Dates: June 12, July 1

Time: 9:00am - 4:00pm

Ages: 10-18

Fee: \$75 per day

Volleyball High School Competition Camp

This camp provides high school teams the opportunity to train and compete. Both days will involve individual skills, team concepts, and team competition. Day 2 will set in a tournament format. This camp offers an outstanding way to prepare your varsity and junior varsity team for a successful fall season.

Dates: July 29-30

Time: 9:00am - 4:00pm

Ages: Grades 9-12

Fee: \$400 per team | \$100 deposit

Volleyball Setting Academy 1 & 2

There is no question that setters need more reps than their teammates. This setting academy is a series of clinics for setters who want to perform at an advanced level. This camp can be intense and will cover all the tactic necessary to be a higher-level setter. Setting academy 1 & 2 are both 4 sessions, 6 hours of instruction over 4 weeks. This camp is coed.

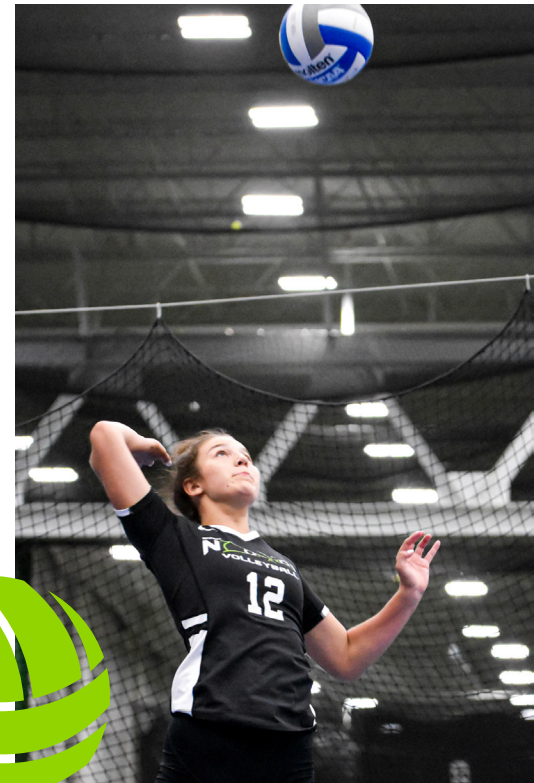
Academy 1 Dates: June 6, 13, 20, 27

Academy 2 Dates: July 5, 12, 19, 26

Time: 6:30pm - 8:00pm

Ages: Grades 7-12

Fee: \$30 per day | \$100 all 4 dates



DIRECTORY



COMPETE	PLAY	EAT	SERVICES/SHOP	MAP KEY
Hardwood Courts 1	Activity Area 5	Fieldhouse Concessions 10	Nook Kids Zone 16	Elevators
Indoor Field 2	Champion Mill Arcade 6	Fieldhouse Concessions 11	Orthopedic Associates of SW Ohio 17	Entrances
Multi-Purpose/Sport Courts 3	Climbing & Bouldering 7	Future Restaurant 12	Retail 18	Guest Services
Outdoor Field 4	Fitness Center 8	Main Concessions 13	Spooky Nook Sports Champion Mill Retail 19	Locker Rooms
	Sports Performance 9	Popcorn 14	Team Rooms 20	Restrooms
		Smoothie Bar 15		Security
				Stairs