

## GROUP EXERCISE SCHEDULE | DECEMBER 2018



Blue  
Red  
Green

**Indicates a Combo Class Option**

**Indicates a class change (time, location, and/or name)**

## Class on Trial Basis

### Turf-5 Beside Studio-29

**Turf is located on the main fitness floor**

**Questions or Concerns? Contact Tammy at [tammyp@nooksports.com](mailto:tammyp@nooksports.com)**

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